

Prescription Instructions

Antibiotic: (Amoxicillin, Clindamycin) Begin taking 24 hours prior to surgery and take as directed until gone.

Pain: All the below pain pills can be taken at the same time. Begin taking after surgery.

Mild Pain:

- **Ibuprofen 600mg (Equivalent to 3 x Motrin/Advil 200mg tabs)** • Take 1 tab every 6 hours as needed for MILD pain. Take every 6 hours until day 3 after surgery to help reduce swelling (which causes pain). After day 3 take only as needed for pain.

Moderate Pain:

Acetaminophen 500mg (Equivalent to Extra Strength Tylenol) • Take 1-2 tabs every 6 hours as needed for MODERATE pain along with the ibuprofen above.

- *Often not covered by med insurance, so you may need to purchase over the counter . Your pharmacist should mention this to you if so.*
- *Can be taken at same time as motrin (with 6 hours between doses), or alternate between the Ibuprofen and Acetaminophen so you are taking one of the two medications every three hours.*

Steroid: Decreases swelling

Dexamethasone 4mg • **Start taking on the morning of surgery** . Take 1 pill every 12 hours until gone.

Narcotics

Oxycodone 5mg: **Start taking the day of surgery after your surgery.** Take 1 pill every 6 hours. Alternate with Motrin if needed.

Mouthwash: antibiotic mouthwash

-**Chlorhexidine (Peridex):** **Start using this rinse the day before surgery** .

- After surgery, Dab for 30 seconds with ½ to 1 ounce (1/2 cap full) twice daily for 10 days. Do not swish .

- Do not eat, drink, or rinse out your mouth for 20 minutes following use.3

- Do not use any other over the counter mouth rinses during these 10 days.

Anxiety: (If Needed) - **Driver to and from appointment is required if taking** Halcion
0.25mg/Valium 5mg

- Take one tablet the night before surgery to help get a good night of sleep.

- Take a second tablet one hour before surgery. **Bring remaining tablet(s) to surgery.**

- *Do not take more than directed. Once in the operating room, the doctor will crush a pill and place it under your tongue if additional medication is required to help with anxiety.*